

Please Note: 2024 is the initial offering of the EMS Academy so lessons/events are subject to change depending on availability & logistics.

Seven Mountains EMS Academy is a weeklong summer camp designed for individuals who are interested in emergency medical services (EMS) and EMS service delivery. Attendees (cadets) will interact with local & state EMS providers while obtaining the knowledge and skills needed to join the EMS team.

The camp will take place at the Organized Tenting Area of the Black Moshannon State Park (Centre County). Accommodations will be group tents with lessons being conducted mainly within the park pavilions. Restroom facilities are onsite and shower access is within walking distance. Meals, snacks and beverages are included. Cell coverage is all but non-existent and access to electricity will be limited so electronics are discouraged.

The camp will have a structured schedule; meaning that most of the day is structured discussions, interactions, and activities with numerous free time/recreational activities disbursed throughout the day and into the evening. Cadet safety is the number one priority so following the established code of conduct, obeying camp policies, and adhering to counselor requests is required.

A typical day will be reveille at 0600; shower, breakfast, wake-up until 0700; activities till Noon; lunch till 1300; activities until 1700; supper/reflection/socialization until 1900; evening activities until 2100; free time/socialization until 2200; lights out until 0600 the next day. Activities include emergency medical service related training, recreational activities, and interactions with various people/organizations that make up the emergency medical services team. Several field trips are anticipated (ie. 911 Center & EMS agency tours).

Cadets need to bring the following to camp:

- Under & sleeping garments.
- Personal hygiene items.
- Pillow
- Blanket, sleeping bag, or similar item(s)
- Medications (to be retained by camp medical staff)
- Sweatshirt, sweatpants, windbreaker, or similar item in case of cold weather.
- Swimsuit (optional)
- Sports Equipment bat, glove, etc. (optional)
- Fishing gear (optional)
- Money (optional) no funds are needed but there is a commissary on site that <u>may</u> be available at various times throughout the week. A maximum of \$20 is suggested.

Cadets will arrive at camp between 0900 and 1000 on August 12th. Registration, group assignments, issuing of camp items, and confirmation of contact information will be completed. After changing into camp uniform, sessions will start at 1015. Parents/loved ones are invited back on Friday morning for a graduation ceremony starting at 0900 (specific location to be announced). Camp will be cleared by Noon on August 16th. Three 'uniforms' will be issued to each cadet; limited laundry services will be provided throughout the week to allow for repeated use of clothing.

This will be an educationally enjoyable exposure into the world of emergency medical service while being a memorable summer experience for all attendees. To ensure a successful and safe experience for everyone, a code of conduct will be established & published. <u>EVERYONE</u> on site is expected to follow the code of conduct – including the chain of command – or face disciplinary consequences. Violations will be dealt with on an individual basis with consequences ranging from a non-documented confidential conversation to removal from the camp for serious infractions and/or multiple, uncorrected disruptions or insubordinations.

An accountability system will be established to maintain situational awareness throughout the camp. Nobody will be allowed onsite without being cleared through the Resources Unit (proper uniform and/or identification tag will be prominently displayed) and nobody will leave the camp until properly checked-out through resources. Families can remain aware of camp events by following the camp Facebook page, app., and/or other social media platforms that may be announced later.

We hope you are interested in participating in this inaugural offering of the EMS Academy. Please feel free to reach out to Seven Mountains EMS Council staff should you have any questions or concerns about the event. Thank you for your interest in the 2024 Seven Mountains Regional EMS Academy....we hope to see you in August.

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