



South Central Mountains Regional Task Force

SAVE THE DATE

Assisting Individuals in Crisis

WHEN: Saturday, November 12, 2016 8:00 a.m. – 4:00 p.m.
Sunday, November 13, 2016 8:00 a.m. – 3:00 p.m.

LOCATION: State Fire Academy
1150 Riverside Drive, Lewistown, PA

TIME: 8:00 AM – 4:00 PM

All participants interested in attending the course are required to register no later than Friday, October 7, 2016. Course registration is limited to 50 participants (maximum); therefore, early registration is recommended.

Go to www.scmrtf.org and locate the course under the Events Calendar: registration information will be found there.

Upon submission of the completed registration form, an email confirmation will be sent to you. If you have an account on the SCMRTF website, you can also view the list of other students in the class.

Course Overview: As physical first aid is to surgery, crisis intervention is to psychotherapy. Thus, crisis intervention is sometimes called “emotional first aid”. This program is designed to teach participants the fundamentals of, and a specific protocol for, individual crisis intervention. This two-day course is designed for anyone who desires to increase their knowledge of individual (one-on-one) crisis intervention techniques in the fields of Public Safety, Business & Industry, Crisis Intervention, Disaster Response, Education, Emergency Services, Employee Assistance, Healthcare, Homeland Security, Mental Health, Military, Spiritual Care, and Traumatic Stress.

Program Highlights:

- Psychological crisis and psychological crisis intervention
- Resistance, resiliency, recovery continuum
- Critical incident stress management
- Evidence-based practice
- Basic crisis communication techniques
- Common psychological and behavioral crisis reactions
- SAFER-Revised model
- Suicide intervention
- Risks of iatrogenic “harm”

Continuing Education Information: 13 Contact Hours; 13 CE Credits for Psychologists; 13 PDHs for EAPs; 13 CE Hours for Calif. MFTs & LCSWs; 13 CE Credits for National Certified Addiction Counselors OR 1.3 General CEUs from UMBC.

www.scmrtf.org

